

# SUGAR BOTTOM RECREATION AREA OFF-ROAD BICYCLE TRAILS

PRODUCED FOR  
Iowa Coalition of Off-Road Riders  
www.icorrmtb.org

BY  
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www.vo2media.com

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ICORR is a volunteer-based, non-profit organization formed to promote, preserve and improve mountain bike trail access in Iowa.

#### TRAIL ETIQUETTE:

- Do not ride on closed trails. Rangers will issue citations.
- Do not ride on muddy trails to prevent damaging trails.
- Most trails are directional; follow signs to avoid accidents.
- Yield to hikers and allow faster riders to pass.

#### SAFETY TIPS:

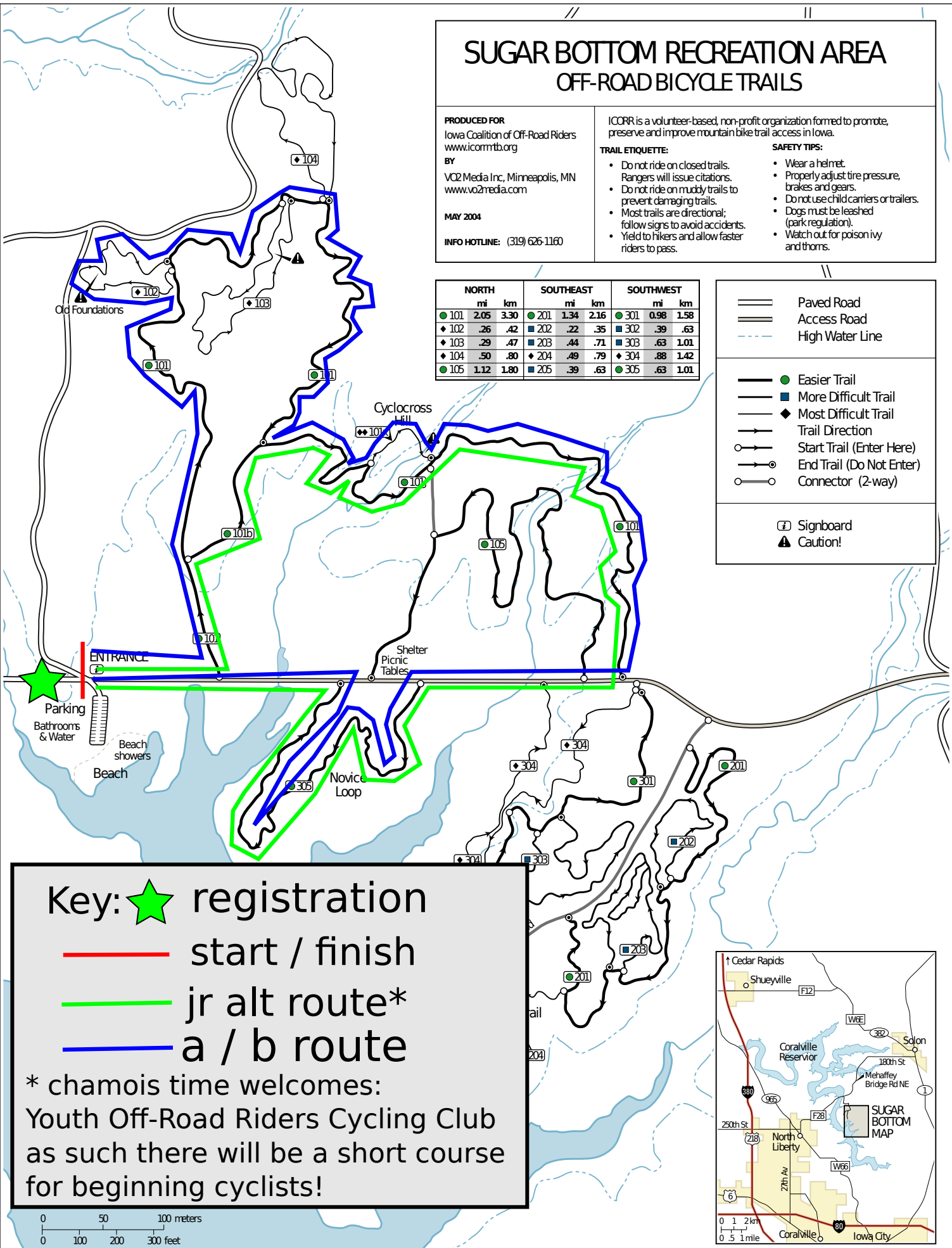
- Wear a helmet.
- Properly adjust tire pressure, brakes and gears.
- Do not use child carriers or trailers.
- Dogs must be leashed (park regulation).
- Watch out for poison ivy and thorns.

NORTH			SOUTHEAST			SOUTHWEST		
	mi	km		mi	km		mi	km
● 101	2.05	3.30	● 201	1.34	2.16	● 301	0.98	1.58
◆ 102	.26	.42	■ 202	.22	.35	■ 302	.39	.63
◆ 103	.29	.47	■ 203	.44	.71	■ 303	.63	1.01
◆ 104	.50	.80	◆ 204	.49	.79	◆ 304	.88	1.42
◆ 105	1.12	1.80	■ 205	.39	.63	● 305	.63	1.01

- Paved Road
- Access Road
- - - High Water Line

- Easier Trail
- More Difficult Trail
- ◆ Most Difficult Trail
- Trail Direction
- Start Trail (Enter Here)
- ⊙ End Trail (Do Not Enter)
- Connector (2-way)

- F Signboard
- ▲ Caution!



**Key:** ★ registration  
 — start / finish  
 — jr alt route\*  
 — a / b route

\* chamois time welcomes:  
 Youth Off-Road Riders Cycling Club  
 as such there will be a short course  
 for beginning cyclists!

