## Iowa State Time Trial Championships

Sunday - August 30, 2015 Nichols, IA

<b>iccc</b> Iowa City Cycling Club	Start Time	Category	Distance	Prizes/ Places Fee	
	8:00 am	Juniors	20K	Medals/3	\$20
GEOFF'S WH CAR MAN BIKE & SKI	8:00 am 8:00 am 8:00 am	Women 55-59 Women 60-64 Women 65+	20K 20K 20K	Medals/3 Medals/3 Medals/3	\$20 \$20 \$20
Online registration (thru 8/28/15) usacycling.org Onsite registration (8/30/15) 7:00 am - 8:00 am For more info, contact Rick Hopson 319.321.6366 hopsonjr@aol.com	8:00 am	Men 65+	20K	Medals/3	\$20
	8:00 am 8:00 am 8:00 am 8:00 am 8:00 am	Women 30-34 Women 35-39 Women 40-44 Women 45-49 Women 50-54	40K 40K 40K 40K 40K	Medals/3 Medals/3 Medals/3 Medals/3 Medals/3	\$20 \$20 \$20 \$20 \$20
	8:00 am	Women 1 2 3 4 (each category scored se	40K parately)	Medals/3	\$20
Or visit iowacitycyclingclub.com Make checks payable to Iowa City Cycling Club	8:00 am 8:00 am 8:00 am 8:00 am 8:00 am 8:00 am 8:00 am	Men 30-34 Men 35-39 Men 40-44 Men 45-49 Men 50-54 Men 55-59 Men 60-64	40K 40K 40K 40K 40K 40K 40K	Medals/3 Medals/3 Medals/3 Medals/3 Medals/3 Medals/3 Medals/3	\$20 \$20 \$20 \$20 \$20 \$20 \$20 \$20
	8:00 am	Men 1 2 3 4 5 (each category scored se	40K parately)	Medals/3	\$20
	8:00 am	Tandem	40K	Medals/3	\$20

State championship medals awarded to the top 3 Iowa USAC Road annual license holders in each category.

Juniors will be subcategorized by age and gender.

Masters 65+ (both Men/Women) will be subcategorized into 5-yr age brackets.

Course: Start is located 1/4 mile south of ichols, lowa on Highway 70. ichols is on Highway 22 between Muscatine and Lone Tree. Park in the DOT lot. Course is out and back and very flat. All USAC Road Racing rules apply.

Regist ration: Online registration available through 8/28/15 at usacycling.org. Onsite registration is at the DOT parking lot. Registration opens at 7:00 am and closes at 8:00 am. 20K riders are first off, followed by 40K riders. All riders start in order of registration.

